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Executive  
Health Clinic  
by Hameed Latif Hospital

# Executive Health Clinic

New Launch by Hameed Latif Hospital

Our busy lifestyle doesn't allow us much time to keep our health in check. Neglecting minor health issues today can cause significant problems tomorrow. Getting a regular full screening and taking preventive measures can prove helpful. Hameed Latif Hospital Executive Health Clinic offers a comprehensive screening package to help you keep your health in check.

The following packages are being offered at Hameed Latif Hospital as part of Executive Clinic

1	Comprehensive Health Assessment for Men under 50	PKR 28,000
2	Comprehensive Health Assessment for Men above 50	PKR 30,300
3	Comprehensive Health Assessment Women under 50	PKR 28,000
4	Comprehensive Health Assessment Women above 50	PKR 40,000
5	Executive Health Check-up for Men under 50 years of age	PKR 21,000
6	Executive Health Check-up for Men over 50 years of age	PKR 24,000
7	Executive Check-up for Women under 50 years of age	PKR 24,000
8	Executive Check-up for Women above 50 years of age	PKR 30,500



# EXECUTIVE CHECK-UP

## Men Above 50 Years:

### Services provided:

- Check-Up by a Consultant Physician
- Complete Blood Cont, ESR (CBC with ESR)
- Fasting Glucose (12 hours of fasting required)
- Renal Function Test
- Liver Function Test
- Lipid Profile
- Urine Detailed Report
- Vitamin-D
- HbA1c
- Chest X-Ray
- Electrocardiogram (ECG)
- Stool Detailed Report
- Stool for Occult Blood Test
- PSA Test for Prostate Cancer

## Men Under 50 Years:

### Services provided:

- Check-Up by a Consultant Physician
- Complete Blood Cont, ESR (CBC with ESR)
- Fasting Glucose (12 hours of fasting required)
- Renal Function Test
- Liver Function Test
- Lipid Profile
- Urine Detailed Report
- Vitamin-D
- HbA1c
- Chest X-Ray
- Electrocardiogram (ECG)

## Women Under 50 Years:

### Services provided:

- A Check-Up by a Consultant Family Physician
- Complete Blood Cont, ESR (CBC with ESR)
- Fasting Glucose (12 hours of fasting required)
- Renal Function Test
- Liver Function Test
- Lipid Profile
- Urine Detailed Report
- Pap Smear
- Vitamin-D
- HbA1c
- Chest X-Ray
- Breast Examination
- Electrocardiogram (ECG)

## Women Above 50 Years:

### Services provided:

- A Check-Up by a Consultant Family Physician
- Complete Blood Cont, ESR (CBC with ESR)
- Fasting Glucose (12 hours of fasting required)
- Renal Function Test
- Liver Function Test
- Lipid Profile
- Urine Detailed Report
- Pap Smear
- Vitamin-D
- HbA1c
- Chest X-Ray
- Breast Examination
- Electrocardiogram (ECG)
- Mammogram Screening
- Stool Detailed Report
- Stool Occult Blood



# Comprehensive Health Assessment

A Comprehensive health assessment includes an examination of social and behavioral influences, health risks, and the information needs of patients. It gives nurses insight into a patient's physical status through observation, the measurement of vital signs, and self-reported symptoms.

It includes a medical history, a general survey, and a complete physical examination. Hameed Latif Hospital offers Comprehensive Health Assessment to its executive patients.

## For Men

### SERVICES PROVIDED

#### Physician Examinations

Oral Hygiene Assessment  
Vision Test / Eye Examination

Ear, Nose & Throat Examination &  
Screening Audiometry Test  
Screening of Pulmonary Function

#### Blood Tests

Lipid Profile  
Renal Function Test  
Liver Function Test  
Uric Acid  
Complete Blood Count, ESR  
(CBC with ESR)

Vitamin D  
HbA1c  
Hepatitis B Surface Antigen  
Hepatitis C Antibody  
Urinalysis  
Stool (Ova / Occult Blood)

#### Radiological Tests

Chest X-Ray

ECG

#### Additional Tests for Men Over 50 Years of Age:

PSA Test

## For Women

### SERVICES PROVIDED

#### Physician Examinations

Oral Hygiene Assessment  
Vision Test / Eye Examination

Ear, Nose & Throat Examination &  
Screening Audiometry Test  
Screening of Pulmonary Function

#### Blood Tests

Lipid Profile  
Renal Function Test  
Liver Function Test  
Uric Acid  
Complete Blood Count, ESR  
(CBC with ESR)

Vitamin D  
HbA1c  
Hepatitis B Surface Antigen  
Hepatitis C Antibody  
Urinalysis  
Stool (Ova / Occult Blood)

#### Radiological Tests

Chest X-Ray

ECG

#### Additional Tests for Men Over 50 Years of Age:

Mammography  
Pelvic Ultrasound

Breast Examination  
Pap Smear

### Terms and Conditions:

- Please call at least three days before your visit to get an appointment and collection of blood samples.
- Approximately 12 hours of fasting required before appointment; 8 hours for diabetic patients. However, you can drink plain water during fasting.
- For corporate panel entitlement, please make sure to bring your letter of authority, NIC & panel card as a reference on the appointment day.
- You are advised to arrive on time as per the schedule time. Late arrival may cause appointment cancellation and/or delays.
- The limited parking spots around the hospital might be a challenge during peak hours. You may use the valet service to save time. (Terms and conditions applied).
- You will receive a confirmation call two days before the appointment day, for sample collection and blood tests.
- For cancellation, please inform at least three days before the appointment.
- Payment cannot be refunded once the executive check-up process has been initiated.

